

**DOTHAN PLASTIC SURGERY**  
**L. Dwight Baker, M.D.**  
**105 Professional Lane**  
**Dothan, Alabama 36303**  
**334-793-3113**  
**fax 334-671-2894**

**INSTRUCTIONS FOR MAIL-IN PATIENTS**

1. VIDEO - Please call our office and request a video. The video has important information about the breast augmentation procedure and what you can expect. Please view the video at a quiet time with no interruptions. It will answer many of your questions. The video is yours to keep.
2. PATIENT INFORMATION - Complete and return the Breast Augmentation Questionnaire and the New Patient Information sheet in its entirety, paying particular attention to any medications you take. It is extremely important to inform Dr. Baker of medications including non-prescription, over-the-counter drugs; herbs; and nutritional or dietary supplements, as these can cause anesthetic and/or surgical complications. This information will save time when you arrive for your consult with Dr. Baker.
3. PHOTOGRAPHS – You will need to mail photographs along with the other requested information. These photographs need to be taken from the neck to the waist with your arms down by your sides or behind your back. We need a front view and a view from each side. If you take pictures to be developed, be sure your face is not in the photograph. If you are questioned, explain they are for medical purposes.
4. MAMMOGRAMS – If you are 35 years or older, or if you have a strong family history of breast cancer, Dr. Baker requires you to have a mammogram within the last year, or prior to surgery. You can have your doctor or facility where the mammogram is performed mail us the report. This does not have to be included with your initial paperwork, but we must have the report prior to surgery.
5. OTHER – If there is any other information that you feel Dr. Baker needs to know, such as any particular health problems or surgeries within the past 3 months, please let us know on the Patient Information sheet.

**POINTS TO REMEMBER:**

- Make sure all paperwork is completely filled out and signed.
- Make sure photographs have been taken as instructed and are of good quality.
- Make sure to include medications on paperwork.
- Mail paperwork and photographs to the address above.