# PATIENT POST-CARE INSTRUCTIONS

# Enjoy your smooth radiant flawless skin!

## Leave all the fine lines, redness, and uneven skin texture behind.

ClearSilk is a quick facial-like procedure that can be done any time of year with no downtime. It utilizes non-invasive, non-ablative

laser technology delivering micro-pulses of laser energy to the skin to safely, discreetly and effectively treat:

- · Diffuse redness
- Rosacea
- Fine lines
- Wrinkles
- Appearance of large pores
- · Uneven skin texture
- Scars

The result is a glowing complexion that keeps improving with each treatment.

## What to expect?

## What to expect before treatment?

• Before the treatment, you will be asked to remove your make-up or moisturizer and, in some cases, you may be asked to shave the area to be treated. You will not need gel, anesthetic cream or ice prior to treatment.

### What to expect during treatment?

- Patients often describe the treatment as relaxing and therapeutic. You will experience a gentle warming of your skin during the procedure as the laser handpiece is moved back and forth above your skin.
- · Your clinician will monitor your skin temperature, but will also ask you for feedback on the temperature.

#### What to expectafter treatment?

- Skin may appear red and swollen and have a mild sunburn sensation. This is a normal reaction. It can last from a few hours to days after treatment. Applying a cold compress or ice pack will help minimize swelling. This is typically only needed within the first 12 hours after the treatment.
- If desired, make-up may usually be applied immediately after the treatment.
- If in the middle of a series of treatments, sun exposure should be avoided between treatments and a sunblock with a protection factor of 30+ should be used on a daily basis.
- Subsequent treatments are based upon your clinician's recommendation and are typically 2-4 weeks apart.
- In the rare event of broken skin or blistering, contact the office immediately. Keep the affected area moist and avoid direct sunlight.